

Bendigo Health Research Week & Symposium 2023

Research week summary

Research Week 2023 kicked off Monday 23 October with a hybrid program of interactive sessions from 12 – 1pm each day designed to support staff in undertaking research. Over the Monday, Tuesday and Thursday sessions, 37 staff attended either in-person or via Zoom with positive feedback received. Friday's informal Research & Innovation Open Office attracted interest from both staff and the public, who often expressed surprise that Bendigo Health was actively involved in research. The science beaker full of colourful pom poms beckoned passers-by over to the information table where they could guess the number of pom poms in the beaker and potentially win a prize. **Out of 64 entries, the winning guess of 474 was submitted by Dr Sam Harris.**

Staff and the public were also encouraged to vote for their favourite research poster. Sixteen posters were on display and out of 113 votes, the winning poster was **"Embedding survivorship into standard care for early breast cancer patients"** Authors: Zeina Hayes, Lisa Carson, Rosemary Gillies, Tegan Nash, Kate Cridland.

The research week sessions, atrium poster display and the fun activities were a great way of showcasing the achievements of our passionate research clinicians from across the organisation who are not only providing clinical care, they are also conducting research simultaneously to further improve the quality of care and treatment options for our patients. It was also a great way to engage the community with our research and promote our commitment to providing our community with excellent care, every person, every time.




2023 Research
Week
Making data
meaningful

Research Week 2023 kicks off Monday 23 October! You are invited to come along on the research journey exploring this year's theme – "Making Data Meaningful". A hybrid program of interactive sessions designed to support staff in undertaking research and making health data meaningful.

Our expert speakers will be discussing aspects of data collection, use and translation into improved healthcare and/or health outcomes for our regional communities. Research Week sessions will be held from 12:00-1:00pm each day and you are encouraged to attend in person (feel free to bring your lunch!). The sessions will be held in Staff Hub 4D.08. A Zoom link will also be available for those who are unable to attend in person.

The highlight of Research Week is the Research Symposium Day on Wednesday 25 October, held at the La Trobe Rural Health School (Clinical Teaching Building), showcasing the great research currently being undertaken at Bendigo Health.

Register for Research Week sessions here: <https://www.eventbrite.com.au/e/bendigo-health-research-week-2023-tickets-727198278627>

Monday 23 October 12:00-1:00pm	Tuesday 24 October 12:00-1:00pm	Wednesday 25 October 9:00am-3:00pm	Thursday 26 October 12:00-1:00pm	Friday 27 October 12:00-1:00pm
<p>Quality, Research, Ethics and Governance: What's new?</p> <p>Identifying if it's QI or Research and the new QI process and proforma <i>Dr Sally Lima</i></p> <p>Ethics and governance tips and the new peer review process and proforma <i>Dr Merryin Davies and Dr Rob Champion</i></p> <p>Bendigo Health Research Plan 2022-25 and the new Intention to Submit process <i>Dr Ange Crombie</i></p>	<p>Building Clinical Trial capacity and capability at Bendigo Health: Panel discussion</p> <p>Are you interested in conducting a clinical trial? Come and chat to the clinical trial experts and learn what supports are available</p> <p>Panel members</p> <ul style="list-style-type: none"> Felicity Osmond - Cancer Trials Julie Smith - ICU Trials Kate Booth and Sloane Birrell - Clinical Trials Research Support Service (CTRSS) Jasmine Gillingham - Australian Teletrial Program <p>Facilitator <i>Dr Ange Crombie - Director of Research and Innovation</i></p>	<p>Bendigo Health Research Symposium</p> <p>https://www.eventbrite.com.au/e/bendigo-health-research-symposium-2023-tickets-727198278627</p> <p>Registrations 9:00am - 9:30am</p> <p>Welcome and CEO address 9:30am - 9:40am</p> <p>Keynote speakers 9:40am - 10:50am</p> <p><i>Morning tea break Information stands, networking, poster display</i></p> <p>Clinical Trials 11:10am - 12:45pm</p> <p><i>Lunch break Information stands, networking, poster display</i></p> <p>Oral presentations 1:30pm - 2:45pm</p> <p>Best poster award 2:45pm - 3:00pm</p>	<p>Research Tools</p> <p><i>Come and hear about the tools available to help you with your research</i></p> <p>SiteDocs Enables clinical trial teams to develop an electronic single source of truth, creating investigator site files that are accessible and shareable <i>Allan Bukuya</i></p> <p>Ethical Review Manager (ERM) Online system for research ethics and governance applications <i>Parmeet Kaur</i></p> <p>Australian Clinical Trials Education Centre (A-CTEC) A dedicated Learning Management System (LMS) hosting a suite of evidence-based, interactive clinical trials education opportunities suitable for a range of learning needs <i>Debbie Dell</i></p>	<p>Open Office: Research and Innovation</p> <p><i>Come join us at the main hospital precinct atrium and vote for your choice of best poster</i></p> <p>Ask questions of our friendly Research and Innovation team and discuss your research ideas</p> 

Research Symposium summary



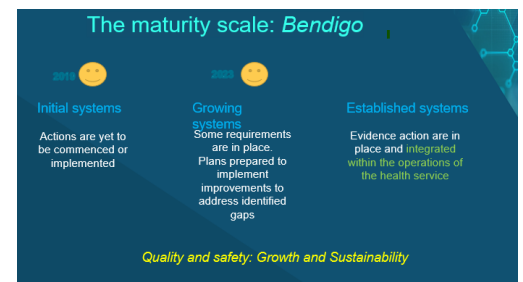
The highlight of the week was the Research Symposium, held Wednesday 27th at the La Trobe Clinical Teaching Building. Our new CEO, Eileen, opened the Symposium and her address set the tone for the day which was all around promoting a vibrant culture of research and innovation to achieve the best possible health outcomes for our community.

We were excited that Olivia Payne, Executive Manager of the Research Corporate Services Unit at VACCHO, was able to Zoom in to introduce us to The Victorian Aboriginal Health, Medical and Wellbeing Research Accord. Only released earlier this month (11 October), the Accord will “promote ethical research practices and self-determination by empowering Aboriginal and Torres Strait Islander peoples to have a greater voice in how research is conducted across the state.” As a regional health service, we look forward to continuing our healing journey with our First Nations people and in building respectful research partnerships between Aboriginal and non-Aboriginal researchers and communities.



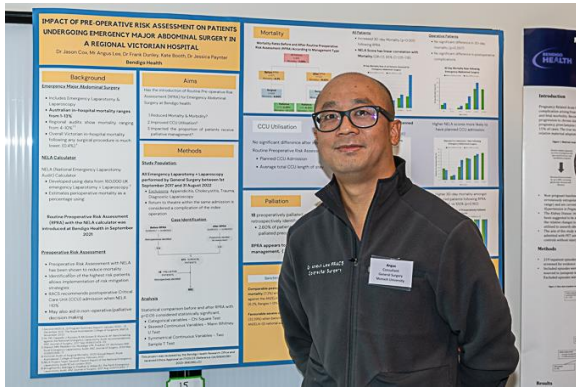
Narelle McPhee, Cancer Research Manager, facilitated a discussion with John, Shannon and Maureen about their experience of participating in a clinical trial. Sharing their stories helped to remind attendees of the reason that we do what we do – undertake research that benefits the health and wellbeing of our rural and regional communities.

The Alfred TrialHub is a key partner in helping Bendigo Health to not only bring clinical trials closer to where people live in regional areas, but also in helping to build our trial capabilities and in guiding us in preparing for accreditation under the National Clinical Trials Governance Framework (NCTGF). We welcomed Anne Woollett, Director of the TrialHub, who shared Alfred Health’s experience to help Bendigo Health be ‘accreditation ready’.



We are immensely appreciative of the support we have received over the years from Dr Suzanne Hasthorpe, Manager of the Coordinating Office for Clinical Trial Research at the Department of Health. Suzanne kindly agreed to talk about the Australian Teletrial Program that is improving access to, and participation in, clinical trials for rural, regional and remote Australians. Bendigo Health is proud to be one of 7 regional health services in Victoria partnering with the Department of Health in this exciting initiative.

We had a fabulous program of speakers, including expert clinicians from our Surgical, ICU, Infectious Diseases, Cancer, Paediatrics, Geriatrics and Allied health services who all provided insights into their research and its benefits to our regional communities.



Surgical research & clinical trials
Dr Angus Lee



Paediatric research & clinical trials
Dr Terry Cullen



Infectious Diseases research & clinical trials
Dr Andrew Mahony



ICU research & clinical trials
Dr Cameron Knott



**Cancer research & clinical trials and
'Providing patients with copies of oncology letters'**
Dr Sam Harris



**Smart mattress for personalised pressure
injury prevention and patient position
monitoring: initial data**
Dr Marc Budge



How to make them STAY: A regional workforce scoping project
Sarah Gallagher

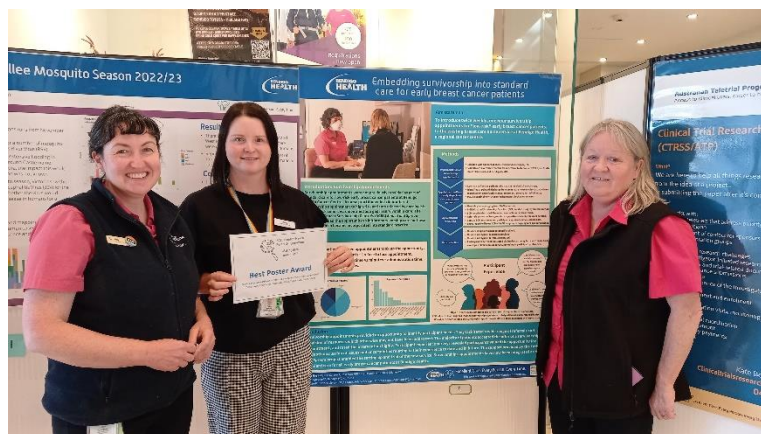


Establishing a FEES service: How innovation, strategy and persistence shaped the service at Bendigo Health
Caitlin Wright



Impact of Pre-Operative Risk Assessment on Patients Undergoing Emergency Major Abdominal Surgery in a Regional Hospital
Dr Jason Cox

As well as the wonderful speakers, we also had an awesome display of posters showcasing research at Bendigo Health for attendees to explore during their breaks while they networked with colleagues. Mentimeter was used for attendees to vote for the best poster at the symposium, and from the sixteen posters on display, the winning poster was ***"Embedding survivorship into standard care for early breast cancer patients"*** Authors: Zeina Hayes, Lisa Carson, Rosemary Gillies, Tegan Nash, Kate Cridland.



TrialsDocs, whose SiteDocs platform is being implemented at Bendigo Health to streamline our clinical research document management, had an information table in the poster room for attendees to visit and learn more about the TrialDocs platforms and supports. We were also thrilled that TrialDocs provided sponsorship to cover the costs of catering for the day.

We also appreciated the support of the VCCC for coming and having an information table to provide attendees with additional information on the diverse range of programs, education, training and resources available through the VCCC.

Some of our Library resource providers, Wolters Kluwer, JR Medical Books and EBSCO, also provided information sheets, lollies, pens, post-it notes, popsockets, book marks and other goodies for attendees.

The Research & Innovation team went above and beyond to ensure the smooth running of research week and the symposium and are pleased with all of the very positive feedback received from attendees.